



AUTISM ACCEPTANCE

• Celebrate • Accept • Embrace



APRIL 1-6

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1



Light It Up Blue

Let's light it up blue starting today and throughout the month of April in celebration of Autism Acceptance Month and show our support for families affected by autism spectrum disorder.

2



Autism Awareness Flag Raising

The City of Elizabeth is hosting its 3rd annual flag raising in support of autism awareness at City Hall. Activities begin at 4:30 p.m. and the flag raising is scheduled for 5 p.m.

3



Autism and New Jersey

Here are some upcoming autism related events sponsored by Autism New Jersey.

4



Autism & Siblings

Does your child have difficulty understanding their sibling's autism or feel like they are the only one with a brother or sister with autism? How to explain autism to your child who has a sibling with autism.

5



Autism Acceptance Celebration and Resource Fair



NY Red Bulls Autism Acceptance Night

NY Red Bulls vs.
Chicago Fire FC
7:30 PM

6



2025 Spring Games – Singles Bowling

Bowlero
1 Carolier Lane
North Brunswick, NJ
08902
9:00 a.m. - 1:00 p.m.



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APRIL 7 - 13

MONDAY

7



Medical Resources

Children with autism often have a difficult time attending doctor, dentist, and other medical appointments. Autism Speaks provides a great list of autism-friendly medical resources.

TUESDAY

8



Occupational Therapy

People with autism may benefit from extra help with fine motor activities. OT Closet is a YouTube channel full of fun fine motor activities to practice skills and warm up the hands for writing, brushing teeth, and other activities.

WEDNESDAY

9



Eating and Food

Some children with autism show hesitation towards new foods or foods with different textures. Here are some ways to work on increasing your child's intake

THURSDAY

10



Reinforcement

Rewards, star charts, toys, prizes, and more learn all about reinforcement and how to use it from one of our BCBAs.

FRIDAY

11



Gross Motor Activities

Children love to move. Here are some great activities to work on those movement skills with items you may have available at home.

SATURDAY

12



Watching Sensory Trail

Come outside this spring to Watchung Reservation and enjoy a Sensory Trail where your child can touch, explore, and enjoy nature.

SUNDAY

13



Sunday Funday

There's nothing like a Sunday Fun Day to end the weekend! The options for having fun are endless! Take the opportunity to do something that brings joy to you and those you love.



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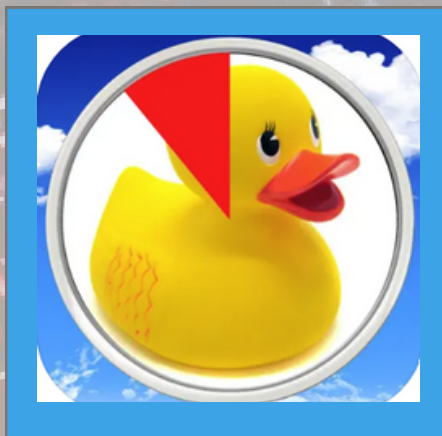
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APRIL 14 - 20

MONDAY

14



Timer App

Many of us use timers and alarms throughout our day. These can help your children too. A great visual countdown timer app is available here.

[Timer App- Apple Store](#)

[Timer App- Google Play](#)

TUESDAY

15



Activity Schedule

Activity schedules can be used to teach daily living skills, play and leisure skills, social interactions, and promote independence. One of our BCBA's presents on activity schedules here.

WEDNESDAY

16



Functions of Behavior

All behaviors (those we would like to increase, and those to be decreased) have a function (the reason they occur), by understanding and identifying these functions will help determine how to respond to the behavior.

THURSDAY

17



Spring Break

With Spring Break coming up, here are some helpful tips about how to prepare for the break and some fun activities to do at home or while outside.

FRIDAY

18



Home Crafts

It's Spring Break! Here are some fun and creative activities to do with things already in your home.

SATURDAY

19



Rewards

All of us love earning rewards. Our children are the same. Here is a great reward app you can use anytime on your phone.

[Neat Kid- Apple Store](#)

[Neat Kid- Google Play](#)

SUNDAY

20



Sunday Funday

Sunday Fun Days are the best! There is no better way to end a week of hard work than some fun with family and friends. Today, you get to choose something that you enjoy and makes you happy.



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APRIL 21 - 27

MONDAY

21



Music

Children often learn through music. A great resource is the Jack Hartman YouTube channel, where he sings about many great topics.

TUESDAY

22



Social Skills

Includes areas of communication, interactions, emotions, and more. Here is a wide variety of resources to help teach social skills across all areas.

WEDNESDAY

23



Paper Mill Playhouse- Velveteen Rabbit

Velveteen Rabbit tells the tale of a young boy's love and a little nursery magic that transforms the Velveteen Rabbit from a favorite plaything into a real rabbit. The Boy and Velveteen embark on exciting imaginary adventures and learn the true meaning of friendship.

THURSDAY

24



Sensory Input

People with autism often benefit from activities that involve sensory input. Here are a variety of activities you can try at home.

FRIDAY

25

Life
Skills

Life Skills

Children and adolescents with autism sometimes need help learning how to complete self-help and life skills. Autism Speaks outlines some great resources to help you navigate life skills.

SATURDAY

26



Community Caravan

Come join the parade of vehicles supporting the autism community by promoting autism awareness. The caravan will start at Veterans Memorial Waterfront Park.

SUNDAY

27



Middlesex & Union County Track and Field

Lombardi Field at Carl Sandburg Middle School
3439 County Road 516
Old Bridge, New Jersey 08857
9:00 a.m. - 1:00 p.m.



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APRIL 28 - 30

MONDAY

28



Communication

Join Ms. Rachel and help your child learn important milestones and school skills. Ms. Rachel uses techniques recommended by speech therapists and early childhood professionals.

TUESDAY

29



GoNoodle

Children often learn through music and by imitation. GoNoodle is a great song and action video website (and can be found on YouTube)

WEDNESDAY

30



Understanding Autism

We hope you have enjoyed our Autism Acceptance Month activities and have a better understanding of autism. To our students and families, as well as all those out there, affected by autism, **WE SUPPORT YOU!**